

Nordic Indoor Match

Saturday 12 February 2022		
	Men	Women
19:30		Weight throw
20:30	Weight throw	
Sunday 13 February 2022		
	Men	Women
12:00		Pole vault
12:30	<i>Opening ceremony</i>	
12:40	Triple jump	
13:05		60 m H
13:10		High jump
13:15	60m H	
13:20		Long jump
13:25		60m
13:35	60m	
13:45	Shot put	
14:00		800m
14:10	800m	
14:25		3000m
14:30		Triple jump
14:35	Pole vault	
14:40	3000m	
15:00		400m h1
15:05		400m h2
15:10	High jump	
15:15	Long jump	
15:20	400m h1	
15:25	400m h2	
15:30		Shot put
15:35		200m h1
15:40		200m h2
15:45		200m h3
15:55	200m h1	
16:00	200m h2	
16:05	200m h3	
16:20		1500m
16:30	1500m	
16:40	<i>Closing ceremony</i>	

IFU Arena, Uppsala